



2017

# May

## Elementary Lunch Menu

| MONDAY                                                                                                                                    | TUESDAY                                                                                                                    | WEDNESDAY                                                                                                                                                | THURSDAY                                                                                                                      | FRIDAY                                                                                          | <p><b>DAILY ENTREES</b></p> <p><b>Sandwiches:</b><br/>Sunbutter &amp; Jelly<br/>Cheese Sandwich</p> <p><b>Entrée Salads</b><br/>Daily Special offered with a whole grain roll.</p> <p><b>DAILY SIDES</b></p> <p><b>Choice of Milk:</b><br/>1% White, Skim<br/>White, Skim<br/>Chocolate, Skim<br/>Strawberry</p> <p><b>100% Fruit Juice:</b><br/>Apple, Grape,<br/>Orange or Fruit</p> <p><b>Fruit:</b><br/>Fresh Apple<br/>Fresh Orange</p> <p><b>All grains served are whole grain rich!</b></p> <p>Breakfast is available in the cafeteria daily for all students. Make sure to check out the breakfast menu.</p> |
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| Steamed Broccoli<br>Baby Carrots<br>Applesauce                                                                                            | Green Beans<br>Red Pepper Strips<br>Fresh Orange                                                                           | Steamed Carrots<br>Fresh Broccoli<br>Fresh Apple                                                                                                         | Vegetarian Baked Beans<br>Cucumber Slices<br>Peaches                                                                          | Green Peas<br>Side Salad<br>Fresh Orange                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>1</b><br><b>Chicken Mashed Potato Bowl</b><br>Cheeseburger<br>Three Cheese Wrap<br>Fruit & Cheese Plate                                | <b>2</b><br><b>Four Cheese Mac and Cheese</b><br>Chicken Nuggets w/ Roll<br>Turkey & Cheese Sandwich<br>Tuna Salad Platter | <b>3</b><br><b>Grilled Cheese Sandwich</b><br>Popcorn Chicken w/ Roll<br>Ham & Cheese Hoagie<br>All-American Cobb Salad                                  | <b>4</b><br><b>Beef Soft Tacos</b><br>Chicken Patty Sandwich<br>Egg Salad Sandwich<br>Ranch Chicken Salad                     | <b>5</b><br><b>Pizza Wedge</b><br>Hot Dog on a Bun<br>Ham & Cheese Sandwich<br>Egg Caesar Salad |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>8</b><br><b>Pizza Dippers with Marinara Sauce</b><br>Cheeseburger<br>Turkey & Cheese Wrap<br>Chicken Chef Salad                        | <b>9</b><br><b>BBQ Pork Sandwich</b><br>Chicken Nuggets w/ Roll<br>Ham & Cheese Sandwich<br>Beef Taco Salad                | <b>10</b><br><b>Sweet &amp; Sour Chicken Over Brown Rice &amp; Broccoli</b><br>Chicken Patty Sandwich<br>Chicken Salad Sandwich<br>Turkey & Cheese Salad | <b>11</b><br><b>Meat and Cheese Nachos</b><br>Popcorn Chicken w/ Roll<br>Turkey & Cheese Wrap<br>Tossed Garden Salad          | <b>12</b><br>Cheesy Pizza Slice<br>Hot Dog on a Bun<br>Tuna Salad Sub<br>Ham Chef Salad         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>15</b><br><b>Baked Potato Bar with Broccoli, Ham &amp; Cheese</b><br>Chicken Patty Sandwich<br>Club Sandwich<br>Chicken & Cheese Salad | <b>16</b><br><b>Meatball Pizza Sub</b><br>Popcorn Chicken w/ Roll<br>Turkey and Cheese Wrap<br>All-American Cobb Salad     | <b>17</b><br><b>Chicken Tenders with a Roll</b><br>Hot Dog on a Bun<br>Ham & Cheese Sandwich<br>Fruit & Cheese Plate                                     | <b>18</b><br><b>Fish Sticks w/ Macaroni &amp; Cheese</b><br>Chicken Nuggets w/ Roll<br>Egg Salad Sub<br>Popcorn Chicken Salad | <b>19</b><br><b>Pizza Wedge</b><br>Cheeseburger<br>Ham and Cheese Sub<br>Chicken Nacho Salad    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>22</b><br><b>Brunch for Lunch French Toast &amp; Sausage</b><br>Grilled Cheese<br>Tuna Salad Hoagie<br>Ham Chef Salad                  | <b>23</b><br><b>Chicken Parm Over Pasta</b><br>Cheeseburger<br>Ham & Cheese Sandwich<br>Chicken & Cheese Salad             | <b>24</b><br><b>Meat and Cheese Nachos</b><br>Chicken Nuggets w/ Roll<br>Turkey & Cheese Sandwich<br>Beef Nacho Salad                                    | <b>25</b><br>Cheesy Pizza Slice<br>Hot Dog on a Bun<br>Egg Salad Sub<br>Turkey Chef Salad                                     | <b>26</b><br><b>No School</b>                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>29</b><br><b>No School</b>                                                                                                             | <b>30</b><br><b>No School</b>                                                                                              | <b>31</b><br><b>Corn Dog</b><br><b>Sweet Potato Tots</b><br>Cheeseburger<br>Turkey Wrap<br>Chicken Caesar Salad                                          |                                                                                                                               |                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| <p><b>MEAL PRICES</b></p> <p>Lunch: \$2.65<br/>Reduced : \$0.40</p> | <p>To make a meal, students must select foods from at least 3 different food groups. At least one item must be a ½ cup fruit, ½ cup vegetable or a 4oz fruit juice. Meals without a fruit or vegetable will be charged a la carte pricing.</p> |
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For information on nutrition, applying for free or reduced meals, adding money to student accounts, next month's menus and more visit us online at: [www.methacton.org/aramark](http://www.methacton.org/aramark) or scan to the code to the right.



**Now hiring Food Service Worker Substitutes. Contact the food service office at 610-489-5000 ext. 30216 for information on how to apply.**

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